



COVID-19 Mitigation & Operations Plan

Updated 3/30/21

Table of Contents

Summer Camp Considerations	3
Lost and Found Policy	4
Frequently Asked Questions	5
Screening Procedures	6
Guidelines for Cabins and Groups	10
Sanitation, Disinfection & Cleanliness	11
Program Modifications	13
Disclaimer	22

COVID - 19 Mitigation & Operations Plan **Camp Ho Mita Koda Foundation**

At Camp Ho Mita Koda, we take standards for hygiene and cleanliness very seriously and are taking additional steps to protect our campers, families and employees. Our health and safety measures are designed to address a broad spectrum of viruses, including COVID-19, and include everything from handwashing hygiene and cleaning product specifications to the cleaning of program equipment, watercraft and the tools of our trade.

The purpose of this plan is to develop and implement a strategy to operate summer camp programs while preventing the spread and outbreak of COVID-19. We are closely monitoring government policy changes and are following the strict Mandatory and Recommended Best Practice Guidance of the American Camp Association (ACA) [Operations Field Guide](#), Centers for Disease Control (CDC) [Childcare Guidelines](#), and mandates the State of Ohio “[Responsible ReStart Ohio Guidelines](#)” as well as from federal, state and local governments and health departments. We will continue to make changes, as necessary or appropriate, to our protocols and procedures to ensure our due diligence in making Camp Ho Mita Koda a viable and safe option for our families this season.

SUMMER CAMP CONSIDERATIONS

- **Small Group Cohorts**
To allow for a reduction of individuals onsite, as well as maximizing the opportunity for continued daily disinfection and cleaning, each session will allow for a maximum of 64 total campers.
- **Facility Upgrades**
Beginning in March 2020, we have made major facility improvements including, but not limited to: outdoor handwashing stations, hand sanitizers at activity areas, one way trails to reduce walking opposite directions of other groups of campers, additional ventilation in the cabins, closure of high contact surface program areas, reduction in cabin/group size, cabin modifications to allow for more space between bunks, purchasing of additional program supplies and equipment to reduce the amount of sharing needed, new HVAC system in the Dining Hall, and much more.
- **Staff Quarantine & Extended Training**
In order to ensure that we have adequate time to fully train our staff, isolate onsite prior to campers arriving, and make the modifications necessary to operate camp safely this season, our staff are required to “quarantine” onsite for the two-weeks immediately prior to the first session of camp. Additionally, the goal for the 2021 season is for 100% of all staff and volunteers to be fully vaccinated prior to arrival at camp for training.
- **Program Cancellations**
Public health conditions may change over the summer in a way that requires camp sessions to be reschedule and/or cancelled. We will monitor reports about infection rates so that camp is conducted only if data about community infections is reassuring and state law permits residential camps to continue operating.
 - You can find an up-to-date status page for programs as well as an updated schedule of sessions on our [website](#).

LOST & FOUND POLICY

In response to the COVID-19 pandemic, Camp Ho Mita Koda is limiting items held in lost and found, after each camp session ends. We want to be mindful of safe storage space and how to prevent exposure of staff and campers from items, week to week. As such, **camp will only hold the following specific list of items:**

1. Jackets / Sweatshirts
2. Sleeping Bags, Blankets, Pillows
3. Prescription glasses, durable medical equipment, prescription medication
4. Diabetes Supplies and Equipment
5. Shoes (not water shoes or sandals)
6. Backpacks

Camp will keep these items for no longer than two weeks from the end of the session, after which, these items will be donated or thrown away. Please note that these items will be held at the discretion of camp staff. Items that are soiled, damaged, or otherwise deemed not able to be safely stored will be disposed of.

The list of items camp will not hold on to includes but is not limited to: socks and underwear, all toiletries and toiletry bags, all swim gear including swimsuits and goggles, hats, t-shirts, pants, shorts, pajamas washcloths and towels, water shoes including sandals, water bottles, sunglasses, flashlights and headlamps, toys, cameras, arts and crafts projects including tie dye.

Daily cabin cleanup help: Campers should maintain their belongings and help staff identify misplaced items during the camp session. We highly encourage parents to label all items with their camper's name to help our staff identify items during the camp session. Many items look similar and it can be confusing for both staff and campers.

As a reminder, **please do not send your camper with anything that is irreplaceable.** Things like jewelry or favorite stuffed can be easily lost or damaged. Electronics, excluding the use of phones as receivers, are not permitted at camp. **Camp is not responsible for any lost, damaged, or stolen items.**

After the camp session ends, if one of the listed items is missing, please contact the camp office to arrange a safe pickup.

FREQUENTLY ASKED QUESTIONS

1. What will group sizes be and how will camp implement physical distancing?

Our camper groups or “cohorts” will be 10 or less (8 campers, 2 instructors) and campers will travel together to and from activities with the same group of campers the entire day. Some activities will have a few more groups of 10 campers of the same age group, but the groups will not mix. If someone were to have symptoms, we would be able to trace every staff person and camper and alert their families.

2. What will happen if a camper/staff presents flu-like symptoms?

The camper/staff will go to the Dispensary to visit one of the nurses. Within the Dispensary are two isolation rooms with a private restroom. The nurse, wearing upgraded personal protective equipment will ask campers questions and take their temperature. If the camper has a temperature over 100.4 or presents any of the symptoms listed as potentially having a flu-like illness, affected persons will be immediately isolated. The camper’s primary parent will be notified. The attending physician and healthcare director will consult with and assess affected persons to identify symptoms and illness as soon as possible.

If proper testing can be conducted on site, it will be done. If acute treatment is needed and unavailable on site, the person will be transported to the appropriate medical facility.

3. How will staff be screened to make sure that they are symptom-free?

Staff will have a screening and temperature check upon arrival to staff training (2 weeks prior to the start of camp) as well as daily throughout the summer. All field staff are expected to be 100% vaccinated and are subject to a 2-week onsite quarantine prior to the first day of programming with campers.

4. How will campers practice social distancing in the water?

Research thus far does not show any evidence of transference in the water. However, campers will wash their hands before going to the lake or pool, sanitize their hands after changing their clothes and wash their lifejacket in a disinfecting solution and hang dry after use. Campers coming from the lake activities will rinse themselves and their lifejackets off with chlorinated water.

5. Will campers have fun at camp?

Camp is about experiencing safe, fun adventures while making friends in an amazing place! We are committed to keeping kids safe as our first priority. This summer we added things to make sure that campers and staff wash and sanitize their hands between each activity. We are committed to creating magical experiences that make great memories for the kids!

6. What can I do as a parent to prepare my child for camp this summer?

We all want camp to be a positive experience! We want the kids to make friends, go on adventures, learn more about themselves, others and their world while having a blast outside! How you can help is by discussing: how to wear the mask, good hygiene like proper hand washing, what 6 feet of separation is (avoid hitting, tackling or hanging on others) and most importantly NOT touching their face. We are promoting healthy habits and we appreciate your help. We recommend that you limit travel and contact with others in the 2 weeks prior to your campers start date.

If after reading carefully over these policies and procedures you have additional questions, please feel free to contact our office:

Executive Director: Ian Roberts

ian@camphomitakoda.org

SCREENING PROCEDURES

I. Screening Employees and Volunteers

- Every day, before work, each employee must pass both a temperature and symptom screen and then answer the following questions:

“Since your last day of work, have you had any of the following:”

- A new fever (100.4 or higher, or a sense of having a fever)?
 - A new cough that you cannot attribute to another health condition?
 - New shortness of breath that you cannot attribute to another health condition?
 - A new sore throat that you cannot attribute to another health condition?
 - New muscle aches that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)?
 - Nausea, vomiting, or diarrhea?
 - Congestion or a runny nose?
- If an employee answers yes to any of the screening questions, the screener will immediately activate the emergency protocol for COVID-19 by following these steps:
 - Remove the employee from the work area and isolate the employee from others.
 - Implement the use of masks and gloves by the employee and co-workers until a status can be determined with a medical test.
 - Have the employee examined and tested by a medical professional.
 - If an employee tests positive:
 - Isolation the employee in a housing facility that has been established for this purpose.
 - Assure adequate medical care and treatment for the employee.
 - Coordinate with local officials to conduct “contact tracing”, especially among other employees.
 - Have other employees who have been in close contact with the positive employee tested.
 - As deemed necessary by medical and public health professionals, quarantine those employees who have been in close contact with the employee who tests positive.

II. Staff/Volunteer Modifications

- In order to reduce any chance of communicable disease at camp this season, restrictions on staff are to be implemented, including but not limited to:
 - Staff/Volunteers to quarantine at camp for up to 14 days prior to the first camper arriving for the season.
 - Staff/Volunteers are prohibited from leaving camp at any point this season and must remain onsite for the duration of the summer.
 - Daily screening for staff/volunteers.
 - Enhanced communicable disease and sanitation training.

As deemed necessary by medical and public health professionals, quarantine those employees who have been in close contact with any employee who tests positive.

III. Screening Campers

Prior to Arrival

- Prior to the arrival/check-in of a scheduled session, all participants and families will receive an automatic email that provides a preview of the applicable Addendum to the Participant Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement that all participants will be required to sign prior to attending camp. This will contain some important explanations of inherent risks related to COVID-19 and will also include the following affirmation from each participant.

I affirm that, within the last 14 days, I have not:

1. Had a new fever of 100.4 or higher, or a sense of having a fever.
2. Developed a new cough, congestion or runny nose that cannot be attributed to another health condition.
3. Developed shortness of breath that cannot be attributed to another health condition.
4. Developed a new sore throat that cannot be attributed to another health condition.
5. Experienced muscle aches that cannot be attributed to another health condition, or that may not have been caused by a specific activity such as physical exercise.
6. Developed nausea, vomiting, or diarrhea.
7. Traveled within an area identified as a COVID-19 “hot-spot.”
8. Been in contact with an individual who has been ill with respiratory complaints or fever, or who I know has tested positive for COVID-19.
9. Been diagnosed with COVID-19.

If, within the last 30 days, I have tested positive for COVID-19, I agree to disclose to the organization the date on which I was notified that I was no longer contagious with COVID-19. Documentation may be requested.

If, within the last 30 days, I have tested positive for COVID-19 antibodies, I agree to disclose that fact to the organization. Documentation may be requested.

Immediately prior to participating in a camp program, I consent to have my temperature taken by a staff member of Camp Ho Mita Koda.

Upon Arrival/Check-In

- All campers will be required to complete a “Screening Questionnaire” and Addendum with our staff prior to exiting their vehicle.
- If a camper/family is unable to complete the questionnaire to the required standard, due to concerns over their own health or the risks as described, we will not allow them to remain at camp and instead will provide options for a credit for a future camp at a later date or a refund.
- If a camper or family refuses to complete the questionnaire, they will not be allowed remain at camp. No refunds will be provided for families who refuse the questionnaire.
- Once each participant has completed the intake questionnaire, each participant’s temperature will be taken with a touchless infrared thermometer.
- If temperature is 100.4, or higher, we will not allow them to remain at camp and instead, will provide options for a credit for a future camp at a later date or a refund.

- If a camper comes to camp with ANY sort of illness, COVID related or not, they will not be permitted to remain at camp.
- Parents will only be allowed to exit their vehicle at drop off/pick up to release/fasten the buckles on a young child's safety seat and to escort the camper through our modified check-in procedure. We are adopting a "one parent/one camper" rule during check-in.
- No restrooms will be available for families to use during the check-in process.
- Each camper will be required **to bring 2 cloth masks** on check-in day. Masks should be marked with the name of the wearer.

In the 14 days prior to camp, campers and staff should take their temperature daily. Any camper or staff member registering a temperature over 100 degrees or with any vomiting, diarrhea, rash, coughing, nasal drainage, or sore throat should be evaluated by their physician who should provide a note stating their diagnosis (and treatment if applicable) and provide this to camp. Camp providers will review and determine if/when camper can attend camp. If a camper or staff member is deemed to have a communicable disease, a discussion with the Camp Director and/or Healthcare Director is required before arrival to camp.

If any concern for exposure to communicable disease or signs/symptoms of communicable disease, the camper will be asked to return home with parents. Camper may return later in session if free of communicable disease per discretion of Camp Director and Healthcare Director.

Screening while at Camp

- Daily temperature check of campers.
- Daily review of symptom questionnaire.

WHAT IF SOMEONE EXPERIENCES COVID-19 SYMPTOMS DURING CAMP?

Patient care and management for campers or staff with symptoms suspicious for Covid-19

1. Consult with federal and health agencies to determine availability and justification for evacuation.
2. Person will immediately be physically distanced from others and required to wear a mask for the remainder of camp, and continue this until evacuated from camp.
3. One liaison will be identified to interface with this person to provide care.
4. Follow CHMK medical protocols and provide appropriate medical treatment.
5. Begin monitoring temperature, oxygen saturation with pulse oximeter, and vital signs. Document and track. Provide updates to medical control, evacuating/governing agency for each area, and regional manager coordinating care and subsequent transportation, medical, and logistical support.
6. Keep hydrated (as determined by medical staff)
7. Quarantine.
 - a. Isolation room
 - b. If a patient is over age 65 has previous lung or heart conditions that may compromise their immune system OR, experiences worsening conditions, evacuation will happen immediately.
8. Testing is mandated at earliest opportunity. While the test is being processed, self-quarantine in a local community hospital or home
9. After evaluation and care, notify appropriate agencies, all staff at camp, and parents of campers of results. Maintain HIPAA protection and confidentiality by using generic terms to describe a “camper”, or “participant”, who has a confirmed (negative or positive) test.

Health management for campers in a cabin/group of individual with suspected Covid-19

1. Physically distance campers and staff with the person who displayed positive symptoms. Place the person on a separate isolation room
2. Require face coverings for those exposed to this person. Increase temperature and pulse oximeter testing frequency to twice daily.
3. Camp Director will communicate with medical care providers to prepare for protected transport of the individual with suspected Covid-19 by the parent or guardian.
4. Families of other campers in the cabin will be notified in accordance with public health guidelines, these campers will require their parents to take them home for quarantine.
5. If ANY illness is present, a camper may not return to camp for the remainder of the session.
6. **As we all know, any time we are in the public domain, it is impossible to avoid potential exposures to a host of infectious germs, viruses and diseases.** Potential exposure does not necessarily mean someone is infectious to others unless the proximity and duration guidelines from the CDC are met or exceeded. Camp Director will refer to those current standards and provide all campers and staff current guidance on how to best use appropriate precautions and self-monitor. Similar to traveling through an airport, grocery store, or other public space, always use good hygiene and practices.

Management of staff who have been in a cabin with an individual with suspected Covid-19

1. Staff will immediately be required to wear a face mask and will continue constant hand sanitizing and hygiene.
2. Initiate twice daily monitoring of temperature and oxygen saturation with pulse oximeter and document. Hand and surface washing combined with distancing and face coverings are critical to containment.
3. The Camp Director will collect information regarding potential exposure, including length of time, proximity, and any physical contact.
4. If it is determined that an employee is potentially infected, testing is warranted and removal from camp will occur.
5. Staff will avoid public buildings or housing until determined negative through time or testing.

The camper will go to the Dispensary to visit one of the nurses. Within the Dispensary are two isolation rooms with a private restroom. The nurse, wearing upgraded personal protective equipment will ask campers questions and take their temperature. If the camper has a temperature over 100.4 or presents any of the symptoms listed as potentially having a flu-like illness, affected persons will be immediately isolated. The camper's primary parent will be notified. The attending physician and healthcare director will consult with and assess affected persons to identify symptoms and illness as soon as possible. If proper testing can be conducted on site, it will be done. If acute treatment is needed and unavailable on site, the person will be transported to ED.

GUIDELINES FOR CABINS/ACTIVITY GROUPS

Activity Group Updates – “Cohorts”

- The cabin and activity groups will consist of the same staff and campers. They are referred to as intact “Cohorts”.
- For the 2021 season, camp will look a little different. Individual groups will be limited to a total of 10 individuals. These new “Cohorts” will consist of 8 campers, 2 instructors. The group will live together in the same cabin, travel together as a group, and participate in activities as an intact group.
- Masks will not be required for each group when they are appropriately distanced from other cohorts. Masks will be required when indoors, in a close quarters situation, where 6 feet distance is not able to be maintained between cohorts, and when traveling between activities when contact with others is possible
- Spacing of campers according to current guidelines: food lines, eating meals, hiking, camping, and at orientations and program areas.
- Campers will sanitize their hands before and after each activity

Cabin Updates

- Increased cabin ventilation and circulation through the addition of more cabin fans and open windows.
- We upgraded to MURPH-13 air filters to the HVAC systems in the dispensary for better air filtration.
- We added sanitation stations within the cabins. Campers will sanitize their hands before when entering and leaving the cabin.
- We lowered the capacity of campers in the cabins to the maximum size of our activity groups (approximately 10)
- Bunks are positioned in a way to allow for 6 feet of separation from head to toe of each camper.
- Lockers removed to include additional space for separation. Nightstands removed to limit contact surfaces.
- Only campers and staff will be allowed into assigned cabins. Parents, families, and other outside people will not be permitted into cabins to limit exposure and number of people onsite.

Social/Physical Distancing Precautions/Procedures/Provisions

- Each camper is the only individual allowed on his or her bed, and only campers/staff staying in that cabin are allowed into that cabin.
- Appropriate social/physical distancing between groups will be observed during all activities camp.
- Campers within the same group and their counselor are not required to maintain full social distance from each other. We will certainly encourage that they maintain the most possible distance at any given time depending on the activity.
- One-way paths, stairs and doors will be instituted to ensure that groups do not cross paths with other groups. When outside, including eating, a minimum of 6 feet of space will be maintained between each group and other nearby groups. Other program staff will generally maintain a 6 feet distance from all other staff and campers. Brief close contact is not considered to be high risk by the Department of Public Health and may occasionally occur as needed for safety. An example would be a member of the ropes course staff checking a harness.
- Campers unable to adhere to safe distancing and hygiene practices will not be allowed to remain at camp.

Daily Cabin Procedures

- Campers will sanitize their hands before entering and leaving the cabin.
- Campers will go immediately to wash hands in the bathroom before interacting with their bunks or personal belongings
- Campers and Staff are expected to shower at least three times per week and change clothes daily.
- Camper and staff temperatures will be checked at the beginning of each day and logged Leadership staff will check log twice daily as well. Any temperature over 100.3 will be reported to the nurse immediately and camper removed from cabin. Any temperatures near but not over 100.3 will continue to be monitored closely.

SANITATION, DISINFECTION & CLEANLINESS

Check-In

- Table setup in the pavilion with hand sanitizer
- We will limit how many people are in the building at one time
- We will have a one-way flow of traffic
- Outside check-in and screening will occur at each vehicle prior to getting out
- No cash transactions
- Staff required to wear masks during check-in
- Signage will be displayed as you enter, asking that if you have any COVID symptoms, please do not leave your vehicle.
- Bathrooms will NOT be available for use during drop off/pickup.

Check-Out

- Family picking up their camper will wait in their vehicle
- The camper will be escorted to the vehicle for their departure

Restroom Facilities

1. Staff wear gloves when setting up and taking down facilities.
2. All surfaces disinfected upon set-up.
3. Campers instructed to spray surfaces they have touched both pre and post-use.
4. Users wash hands before and after using the facilities.

Hand Washing

1. The soap and water hand wash system will be set-up at key points around camp. They will remain set-up for the duration of camp.
2. In addition, hand sanitizer will be used as a supplementary step.
3. Hand washing will occur:
 - a. Before and after every new activity
 - b. Before/After eating
 - c. After coughing or sneezing
 - d. Before/After using the restroom

Masks

1. Staff will be required to wear masks unless they are outside and maintaining a six-foot distance from all other employees and campers, or within their intact cohort groups.
2. Generally speaking, campers will not have to wear masks. There may be some activities that require the camper to wear a disposable mask for a short time, for example, while indoors where 6 feet distance is unable to be maintained with other cohorts.
 - a. If you prefer for your camper to wear a mask more frequently you may certainly request that they do so, please don't forget to put their name on it.

Daily Cleaning

1. High touch surfaces will be cleaned continuously throughout the day. This includes railings, doorknobs, bathrooms, etc... We will limit the use of shared equipment to the extent possible based on the activity. For example, markers will likely be necessary for art projects and will be sanitized after each use.
2. Restrooms, cabins, dining hall, and other areas of congregation will be scheduled to clean multiple times per day, including before/after transition times and group activities.

Infirmiry Changes

1. Infirmiry staff will wear masks while providing care including doing pump site changes
2. A supply of PPE will be maintained in the event they are needed to care for a high risk individual

PROGRAM MODIFICATIONS

Food Service

1. Dedicated kitchen staff will serve food to campers. Staff will pour milk for campers at meals.
2. A single set of utensils and plate to be used for all participants for the duration of the meal.
3. Campers may not help prepare or serve food or congregate in the food preparation/serving area.
4. Use of gloves and face covering is mandatory while preparing food.
5. Change gloves between tasks (for example: staff pauses to fill the water and then returns to food preparation).
6. Wash hands frequently.
7. Clean shirts and aprons worn by Staff preparing and serving food.
8. Food preparation and service surfaces thoroughly sanitized prior to use, between tasks, and after tasks.
9. Food will be prepared offsite and brought into camp several times per week. This eliminated contamination and the number of people in the kitchen.

Camp Equipment

1. All camp equipment (bows, paddles, paintball markers, slingshots, etc.) will be thoroughly wiped down before and after individual use by an approved CDC sanitizer.
2. All PFDs (Lifejackets), helmets, hammocks, goggles, and other equipment that a camper would “wear”, are disinfected in between every single use through an approved chemical and disinfectant process.
3. All sports equipment, including balls, will be utilized by one cohort at a time, then disinfected prior to another cohort utilizing the equipment.

Large Group Activities

1. All activities that have occurred as a full camp in the past will be modified to meet the current physical distance guidelines and small intact groups.
 - This includes modifications to flag raising/lowers, all camp activities, campfires, camp dances, etc.
 - Parent Day activities will be canceled for the 2021 season.

Rainy Days

1. Each group will have a specified area either in the pavilion in the Great Hall where they will be based if there is a lot of rain.
2. In light rain, activities will proceed as usual as we have done in previous years.
3. In the event of thunderstorms, older children will take shelter in our pavilion and younger children will take shelter in an assigned area of our Great Hall building.

Swimming

1. Campers will be allowed to swim in the lake with their group.
2. The Swimming Pool will be open to small group cohorts of the same gender during the 2021 season. No mixing of cohorts or groups will be allowed.

Water Bottles

1. Reusable water bottles are highly encouraged at camp this summer. If a camper does not have one, staff will dispense water into single use cups from our water coolers.

ARCHERY/ PAINTBALL/TOMAHAWK THROWING/SLINGSHOTS

Upon Arrival to Activity:

- a. Counselor will sanitize all equipment (bows/arrows/tomahawks/markers/slingshots) with spray bottle and wipe down with rags
- b. Campers will all sanitize their hands upon arrival

Social Distancing Precautions/Procedures/Provisions During the Activity:

- a. Limit one group of 10 at range at a time
- b. Campers spread equally on benches in shade
- c. Campers are instructed to only pick up their equipment on the range
- d. Between usage counselor will wipe down equipment

Cleaning/Sanitizing at the Conclusion of the Activity:

- a. Following activity, counselor will wipe down all of the bows prior to returning to the closet

Facility and Equipment Daily/Weekly Sanitation Procedures:

- a. Benches are wiped down at the end of each day and supply of rags and cleaner is assessed and topped off if needed
- b. Area and equipment sanitized by electrostatic cleaning solution weekly

ALL CAMP ACTIVITIES

Social Distancing Precautions/Procedures/Provisions During the Activity:

- a. Campers will move in cabin groups and must stay together
- b. Groups will maintain social distance of at least 6 feet from other groups. Groups will observe if stations or activities are occupied and either wait at a safe distance or move on to another location
- c. No single large or large congregation spot. Change multiple, spaced out areas.
- d. Activities will be spaced to prevent overlap. There will also be a waiting spot if timing is off
- e. Items can be used in a single transaction and turned in to a touchless container before being sanitized (e.g., coins go from a character to the group, and then from the group to a roaming character's bag or treasure chest. Items are then cleaned before they are returned to game)
- f. If using transportation in vehicles, sanitize vehicle using standard procedures between trips

Cleaning/Sanitizing at the Conclusion of the Activity:

- a. Shared costumes and equipment will be sanitized after game ends
- b. Staff will avoid sharing items when designing costumes (e.g., no shared paintbrushes for face paint, etc.)

Facility and Equipment Daily/Weekly Sanitation Procedures

- a. A large grounds sweep will be conducted at the conclusion of the All Camp Activities
- b. Staff will collect and sanitize each area, costume and piece of equipment used
- c. All reusable equipment will be stored to have a deep cleaning before the next use

ARTS & CRAFTS

Art Building

- a. A maximum of 20 campers will be allowed inside the Art Barn at any one time - 10 on one side of room, 10 on the other - at least 6 feet between sides of room - campers wear masks when close together.
- b. ADD at least 3 more picnic tables to in front of Art Barn to allow spreading out of campers and more campers at one time
- c. Whenever possible, group of 10 only inside
- d. Scissors and other shared tools are mounted on each far side wall area of Art Barn
- e. **ADD plywood board painted and nails labeled with equipment names for storage**

Practices:

1. Entering Arts & Crafts
 - a. Campers use mounted hand sanitizer and/or hand washing station outside the lodge
 - b. Campers sit in prescribed chair with cohort group of 10
 - c. Campers are not allowed to grab supplies and equipment freely
2. More like classroom where campers raise hand and ask for what they need from closets - to minimize number of things campers touch and potentially contaminate
3. Every time a camper is finished using a tool or art supply, staff must wipe it down with sanitizing wipes before storing it properly

Arts & Crafts Directors:

- a. Organize activities AHEAD OF TIME to be SINGLE CAMPER craft ready and prepped, ex: Gallon zip lock bag per camper with all materials in it for the given activity
- b. Every time a camper is finished using a tool or art supply-staff must wipe it down with sanitizing wipes before storing it properly
- c. Wear masks entire time campers are present, gloves when able

End of each Activity Period

- a. Wiped down with wipes or bleach sprayed and wiped down
 1. Chairs
 2. Tools/equipment used that period
 3. Table tops
 4. Door handles - prop door open as much as possible during the day
 5. Picnic Tables - sprayed with bleach solution

End of each DAY/ Week

- a. Wipe down with Clorox wipes or bleach spray and wipe down -OR Sprayed with electrostatic solution
 1. Chairs
 2. Tools/equipment
 3. Table tops
 4. Door handles
 5. Floors - mopped

CAMPFIRE

1. The fire pit will have assigned seating per cabin set up prior to camper arrival. Campers will sit in the designated area and must stay in their spot on the bleacher. Campers cannot swap bleachers.
2. Max one cabin per bench. Benches are assigned and staggered so no cabin is adjacent to another cabin, in front, behind, or on the side. Masks will be required.

Practices:

1. Entering the fire pit area
 - a. Benches/Bleachers will have clear indications of where cabins will sit
 - b. Assigned benches will not be next to another camper on the side and will have two empty benches in between
 - c. Counselors and directors will direct campers to spot to avoid clusters or lines
 - d. Campers must use hand sanitizer before entering either areas
2. One counselor wearing gloves and masks will be assigned to handle a water station for campers to refill water bottles
3. Bleachers/benches will be sprayed with 1:10 bleach solution at the end of the activity

Counselor Practices

- a. Songs and skits that require campers and/or staff touching/moving close to one another will not be permitted
- b. One counselor wearing gloves and masks will be assigned to handle a water station for campers to refill water bottles.

End of each Activity Period

1. Wiped down with wipes or bleach sprayed and wiped down
 - a. Tools/equipment/Microphones (counselor use only) used
 - b. At the end of the day - use electrostatic solution or bleach solution for equipment and picnic benches

FISHING

- Campers should be at least 6ft apart on dock and land - capacity dependent on number of poles, dock/land space and staffing
- Bamboo sticks for younger kid fishing – Rod and Reel for older campers

Sanitation Equipment Available

a. Sanitizer bucket in fishing dock storage area:

1. Bucket
2. Disposable gloves
3. Bottle of bleach solution
4. Hand sanitizer
5. Sanitizing wipes

Arrive at Fishing

- a. Campers use hand sanitizer to disinfect their hands
- b. Counselor either passes out Clorox wipes to each camper and camper wipes down their own fishing pole before use (Core Value- responsibility); OR counselor uses the Clorox spray bottle and wipes down each pole with Clorox towel

During Fishing

- a. Campers are stationed 6 feet apart to fish (no masks or gloves needed)
- b. Staff wears mask when helping campers directly with pole, fish, bait, etc.
- c. Counselor goes over fishing activity guidelines
 1. Campers should stay 6feet apart as they fish (if so, no masks needed)
 2. If they need help, ask for counselor – do not help each other with poles
 3. If catch a fish and people want to see, the catcher will walk around with the fish to show everyone at their spot - AKA, ask campers not to run together in a group

Conclude/Depart Fishing

- a. Counselor either passes out Clorox wipes to each camper and camper wipes down their own fishing pole (Core Value- responsibility), OR counselor uses the Clorox spray bottle and wipes down each pole with Clorox towel as they store them away
- b. Campers use hand sanitizer to clean own hands once done with activity

End of each day of use

- a. Clorox spray and wipe down all rods and dock area

PADDLE SPORTS

Campers will travel by groups of 10 in cohorts. The intention of this process is to: 1) control the flow of groups, 2) eliminate bottle necks where camper groups may all be in the same place at the same time, 3) use chlorinated water to “sanitize” campers’ skin/swimsuits/PFD’s and 4) meet the activity goals of waterfront recreational activities

Upon Arrival to Activity:

- a.** Campers and staff will change clothes into swim gear. Those who aren’t participating shall stay with the group or go as a group with a counselor to their designated non-swim activity
- b.** Swimmers, after they are changed, will get the proper sized personal floatation device(PFD) and proceed to the Splash Pad. Each camper and staff member will walk through the chlorinated water of the Splash Pad with their PFD until they and the lifejacket are very wet
- c.** Once they are very wet, they can go to Paddle Sports (canoes, kayaks, standup paddle boards)

Social Distancing Precautions/Procedures/Provisions During the Activity:

- a.** Once checked in to their swim areas, campers must stay in their groups of 10 and can be combined with no more than 2 other cohorts
- b.** If they must go to the bathhouse for restroom reasons, they must travel in a “truddy.” They must wash their hands in the bathhouse.
- c.** Everyone will conduct a form of social distancing:
 - 1.** Each camper gets their own seat (no over-loading boats)
 - 2.** After camper/counselor chooses their paddle, they cannot trade. They must go back to shore and use a disinfected paddle
 - 3.** Games and activities must include staying in their own boat (no switching)

Cleaning/Sanitizing at the Conclusion of the Activity:

- a.** Campers and staff will gather with cabin group or tribe and rinse off sand paying close attention to PFD, swimsuit and feet
- b.** Under counselor supervision, the campers must rinse off body and PFD
- c.** Campers and staff will return the lifejacket to the boathouse and move to the changing rooms to put on non-swimming clothes
- d.** The cabin or tribe will leave by way of the trail back to main camp to rotate to their next activity
- e.** Everyone must wash hands and sanitize at earliest moment upon leaving the waterfront

Facility and Equipment Daily Sanitation Procedures:

- a.** Campers and staff will gather with their cohort and rinse off sand paying close attention to PFD, swimsuit and feet

CHALLENGE COURSE

Sanitizer bucket at each activity area:

- 1.** Bucket
 - 2.** Disposable gloves
 - 3.** Bottle of bleach solution
 - 4.** Hand sanitizer
 - 5.** Sanitizing wipes
- Each climber will sanitize their hands, put on climbing gloves and sanitize the outside of the gloves before touching the climbing element

Facility and Equipment Daily Cleaning

- a.** Sanitizer bucket with materials
- b.** Staff must sanitize hands after helping each camper
- c.** After completion of each group, staff must wipe down:
 - 1.** Carabiners
 - 2.** Helmet
 - 3.** Harness
 - 4.** Pull tether
 - 5.** Ladder handrails
- d.** Campers not wanting to do giant swing can play non-contact games or sit 6ft apart on benches
- e.** At the end of the day: wipe down tether, ladder, carabiners, ropes, handholds, equipment, ladders

Rock Climbing

- a.** 1 group of 7 MAX climbing on at a time
- b.** Staff wear masks while interacting closely with campers
- c.** Sanitizer bucket at harness area, bottom of Tower
- d.** Staff must sanitize hands after helping each camper
- e.** Campers sanitize hands before and after climb
- f.** After completion of each swing, staff must wipe down:
 - 1.** Carabiners
 - 2.** Helmet
 - 3.** Harness
- g.** While campers wait to climb, can play non-contact sport in field by tower- sit 6 feet apart on benches
- h.** At the end of the day
 - 1.** Tower climbing walls & holds are sprayed with electrostatic cleaning sprayers

SPORTS

General Safety Precautions

- a.** Everyone washes hands before activity
- b.** Everyone sanitizes hands at activity area
- c.** No more than one cabin at an activity. If multiple activities in an area, groups must remain at least 6 feet apart (e.g., different sides of the pavilion with a “buffer area” in between)
- d.** Games and activities should be as low contact or no contact as possible. No full body contact or games that involve things like holding hands, linking elbows, or crawling under others
- e.** All equipment handled by campers or staff (balls, racquets, etc.) will be sprayed and wiped down after each activity
- f.** Commonly touched surfaces (gaga pit ledges, gate latches or handles, etc.) will be wiped down after program sessions
- g.** Use sanitizer between games (hydration break + clean hands, at least every ten minutes)
- h.** Everyone sanitizes hands as they leave

Basketball

- a.** When possible, limit games to low or no contact (e.g., HORSE, KnockOut, etc.) or drills (e.g., dribbling, passing, etc.)
- b.** Team Games can be played within the same cabin (e.g., 5-on-5), but not against other cabins or mixing with other campers
- c.** When lining up or waiting to play, give space and avoid contact
- d.** Take frequent breaks to hydrate and re-clean hands because of shared equipment
- e.** Spray and wipe down basketballs after each session

Volleyball

- a.** When playing games, avoid body contact whenever possible. Limit team size to prevent contact
- b.** Team Games can be played within the same cabin (e.g., 5-on-5), but not against other cabins or mixing with other campers
- c.** Encourage activities with more distance like passing drills
- d.** When lining up or waiting to play, give space and avoid contact
- e.** Take frequent breaks to hydrate and re-clean hands because of shared equipment
- f.** Spray and wipe down volleyballs after each session

Gaga Ball

- a.** Masks worn while playing
- b.** No more than one cabin in the gaga ball pit, including staff
- c.** Limit body contact inside the pit
- d.** Campers who are knocked out, watching the game, or waiting to play should give space and avoid contact with each other, as well as give space and avoid contact with the Gaga Ball pit
- e.** Take frequent breaks to hydrate and re-clean hands because of shared equipment
- f.** Spray and wipe down gaga balls after each session

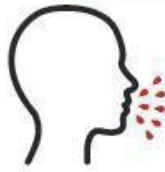
Pavilion Games

- a.** No more than one cabin per side. If more than one group is in the area, they should give space in the middle
- b.** Limit body contact when playing games. No tag games
- c.** When lining up or waiting to play, give space and avoid contact
- d.** Take frequent breaks to hydrate and re-clean hands because of shared equipment
- e.** Spray and wipe down balls, Frisbees, etc. after each session

YOU MAY NOT ENTER!



FEVER



COUGH



SHORTNESS
OF BREATH



SORE THROAT



HEADACHE



LABORED
BREATHING



LOSS APPETITE



CHILLS



WEAKNESS



RUNNY NOSE

CORONAVIRUS – COVID-19 – 2019-NCOV

DISCLAIMER

Although protocols will be implemented, the activities at Camp Ho Mita Koda include a variety of traditional sports, games, activities, and events that may prove to be impossible to consistently implement any social distancing of 6 feet or less that may be recommended by any known government authorities. Camp is a place where campers, counselors, and staff are often in contact and near each other every day and every night.

Camp Ho Mita Koda will be taking more health precautions this summer. Precautions during camp include encouraging and enforcing more handwashing, more use of hand sanitizers, more wiping down of doorknobs and high use areas with antibacterial wipes, etc. Camp Ho Mita Koda plans to be in constant communication with its camp nurses and our senior medical team. It plans to send campers and staff home that have a high temperature. But even taking these and other extra precautions, campers will still be exposed to the risk of contracting the Coronavirus or possibly some other illness.

The activities and risks of Camp Ho Mita Koda are an integral part of the Camp Ho Mita Koda experience. If eliminated, campers would be deprived of the opportunity for the growth and development which Camp Ho Mita Koda and its campers and families expect.

Ultimately it is up to each individual family to decide as to whether Camp Ho Mita Koda is a viable option and/or a mitigated risk that they are willing to move forward with.

This document serves as a brief **summary/overview** of the policies, procedures, and protocols that have been developed by the Camp Ho Mita Koda Foundation to help mitigate communicable disease and COVID-19.

The information presented is not intended to be an exhaustive list of the precautions that are implemented internally with regard to medical care, equipment, sanitation, PPE, testing, etc.

Additional COVID-19 protocols have been created by our CHMK Medical Committee and are based on the latest recommendations and guidelines from medical professional, state, local, and federal government agencies. These protocols provide in-depth guidance for care of campers and staff while at camp, including testing capabilities.

Please contact our main office with any questions or concerns that you may have.