



We are thrilled to welcome you all to our upcoming Family Camp program. With the ever-changing environment that COVID-19 has brought with it, the Family Camp program serves as a great opportunity to spend a few days away from the hustle and bustle of the hectic world to just sit back, rest, and relax with your family in the stillness and magic of CHMK. So, while programming will be available, the session will primarily be self-directed with the focus on simply being together as a family.

With that, we wanted to provide some logistics to help ensure that your transition to camp is a smooth one and that you have a well-rounded understanding of the program.

### **COVID-19**

Although the threat of COVID-19 still remains, we feel that the [Mitigation Techniques](#) and accommodations deployed during our successful summer camp season have set us up well to further minimize risk and focus on having fun within our “Camp Bubble”.

Similar to summer camp, we will continue with several of the COVID mitigation procedures including distancing of individual family groups and cabins, frequent handwashing and sanitization, daily temperature and symptom checks, the use of masks when not within your intact family group, grab and go food, deep cleaning of the facility, etc. However, as the COVID-19 situation is fluid and changing day-by-day, one caveat to the program moving forward is that Cuyahoga County does not enter “Stage 4- Purple” status.

As a part of our Mitigation Plan at camp, we ask that all participants complete our ‘Pre-Camp Screening’ form prior to arrival. This form is to be turned in during the registration process and we ask that you complete one form per participant. You can find a copy of the form here: [Pre-Camp Screening](#).

### **ARRIVAL**

Arrival for the Family Camp program is between 1:00-2:00pm on either Sunday, August 9<sup>th</sup> or Thursday, August 13<sup>th</sup>. All program areas open at 2:00pm on the first day. Please review the [Arrival Procedures](#) for an understanding of what you can expect upon pulling into camp. Please disregard the Drop-Off times listed in the document as these are specific to summer camp.

Upon arrival you will be given an itinerary and map, along with a dedicated cabin assignments for your family.

### **DEPARTURE**

The Family Camp program ends at 4:00pm on the last day of the session, either August 11<sup>th</sup> or August 15<sup>th</sup>.

## **FOOD**

All meals are provided during the program. This includes Dinner on Day 1, all three meals on Day 2, and Breakfast and Lunch on Day 3. If you have any dietary needs or restrictions, please inform our office as soon as possible. To help maintain physical distancing with other groups, all meals will be “Grab and Go” style and served out of our dining hall. Families are more than welcome to eat anywhere within camp, including their cabin.

Families are more than welcome to bring any additional food, drinks and snacks that they would like.

## **LODGING**

Unless requested, each family will have access to their own private cabin for the duration of the program. Camp does not provide linens, pillows, or other items needed to sleep comfortably. Each cabin has a max of 10 beds and includes several fans and a hand sanitizer dispenser for use.

## **PACKING**

Packing for Family Camp is pretty straight forward, so come with everything that you think you would need for a few days of fun! Please review the Summer Camp [Packing List](#) for ideas of what helps get campers through a week. Additionally, we ask that you please pack a mask for each participant, as masks may be required if you are in close proximity with other groups. You are also more than welcome to bring any and all recreational toys, as well as bicycles (and helmets!), that you would like to have accessible at camp.

## **ACTIVITIES**

Families will have the opportunity to free float to different activities that are offered throughout the session. Activities include, but are not limited to, swimming, kayaking, canoeing, stand up paddleboarding, archery, high ropes challenge course, outdoor education, campfire programs, evening activities, T1D educational sessions and arts & crafts.

## **MEDICAL CARE**

All medical management, as well as diabetes specific supplies needed, are the responsibility of each individual family. Camp does provide a medical staff member to assist as needed, as well as general first aid supplies.

If you have any specific questions prior to your scheduled session, please feel free to contact our office at 440-739-4095 or [info@camphomitakoda.org](mailto:info@camphomitakoda.org). Thank you so much and we are looking forward to welcoming you all to camp soon!