

COVID-19 Mitigation & Operations Plan

Camp Ho Mita Koda



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Camp Ho Mita Koda Foundation

At Camp Ho Mita Koda, we take standards for hygiene and cleanliness very seriously and are taking additional steps to protect our campers, families and employees. Our health and safety measures are designed to address a broad spectrum of viruses, including COVID-19, and include everything from handwashing hygiene and cleaning product specifications to the cleaning of program equipment, watercraft and the tools of our trade.

The purpose of this plan is to develop and implement a strategy to operate summer camp programs while preventing the spread and outbreak of COVID-19. We are closely monitoring government policy changes and are following the strict Mandatory and Recommended Best Practice Guidance of the American Camp Association (ACA) [Operations Field Guide](#) , Centers for Disease Control (CDC) [Childcare Guidelines](#), and mandates the State of Ohio “[Responsible ReStart Ohio Guidelines](#)” as well as from federal, state and local governments and health departments. We will continue to make changes, as necessary or appropriate, to our protocols and procedures to ensure our due diligence in making Camp Ho Mita Koda a viable and safe option for our families this season.

PROGRAM UPDATES

Capacity Modification

To allow for a reduction of individuals onsite, as well as maximizing the opportunity for continued daily disinfection and cleaning, each session will allow a maximum of 42 total campers. This is a decrease from the standard 65 per week. Additionally, we will reduce the number of cabins/groups onsite from 8 to 6 to allow for more flexibility in the weekly schedule for showering, cleaning, spacing of groups, etc.

Camp Start Date

In order to ensure that we have adequate time to fully train our staff, isolate onsite prior to campers arriving, and make the modifications necessary to operate camp safely this season, we will be pushing our Session 1 start date back to June 28. As a result of the new start, the camp season will be shortened with only 4 individual sessions operating, concluding on July 25th. You can find an updated schedule of sessions on our [website](#).

Program Cancellations

Due to the delayed start of camp, we have canceled the **June 21-27** session and pushed it back by one week. The new schedule also affects the K-11 **Buddy Camp** week that was scheduled for the week of July 5th, which has also been cancelled.

In an effort to reduce the number of individuals arriving and departing camp on a daily basis, we have canceled our **Day Camp** program for 2020.

To limit the number of “outside” campers introduce to intact groups, we have canceled our **Leader-In-Training (LIT)** programs for the summer.

You can find an updated schedule of sessions on our [website](#).

SCREENING

I. Screening Employees and Volunteers

- Every day, before work, each employee must pass both a temperature and pulse oximeter screen, and then answer the following questions:
 - “Since your last day of work, have you had any of the following:”
 - A new fever (100.4 or higher, or a sense of having a fever)?
 - A new cough that you cannot attribute to another health condition?
 - New shortness of breath that you cannot attribute to another health condition?
 - A new sore throat that you cannot attribute to another health condition?
 - New muscle aches that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)?
- If an employee answers yes to any of the screening questions, the screener will immediately activate the emergency protocol for COVID-19 by following these steps:
 - Remove the employee from the work area and isolate the employee from others.
 - Implement the use of masks and gloves by the employee and co-workers until a status can be determined with a medical test.
 - Have the employee examined and tested by a medical professional.
- If an employee tests positive:
 - Quarantine the employee in a housing facility that has been established for this purpose.
 - Assure adequate medical care and treatment for the employee.
 - Coordinate with local officials to conduct “contact tracing”, especially among other employees.
 - Have other employees who have been in close contact with the positive employee tested.
 - In consultation with medical professionals, consider a quarantine of those employees who have been in close contact with the positive employee.

II. Staff/Volunteer Modifications

- In order to reduce any chance of communicable disease at camp this season, restrictions on staff are to be implemented, including but not limited to:
 - Elimination of Out of State Staff/Volunteers.
 - Elimination of International Staff/Volunteers.
 - Staff/Volunteers to isolate at camp for up to 14 prior to the first camper arriving for the season.
 - Staff/Volunteers are prohibited from leaving camp at any point this season and must remain onsite for the duration of the summer.
 - Daily screening for staff/volunteers.
 - Enhanced communicable disease and sanitation training.

III. Screening Campers

Prior to Arrival:

- Prior to the arrival/check-in of a scheduled session, all participants and families will receive an automatic email that provides a preview of the applicable Addendum to the Participant Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement that all participants will be required to sign prior to attending camp. This will contain some important explanations of inherent risks related to COVID-19 and will also include the following affirmation from each participant.

I affirm that, within the last 14 days, I have not:

1. Had a new fever of 100.4 or higher, or a sense of having a fever.
2. Developed a new cough that cannot be attributed to another health condition.
3. Developed shortness of breath that cannot be attributed to another health condition.
4. Developed a new sore throat that cannot be attributed to another health condition.
5. Experienced muscle aches that cannot be attributed to another health condition, or that may not have been caused by a specific activity such as physical exercise.
6. Traveled within an area identified as a COVID-19 “hot-spot.”
7. Been in contact with an individual who has been ill with respiratory complaints or fever, or who I know has tested positive for COVID-19.
8. Been diagnosed with COVID-19.

If, within the last 30 days, I have tested positive for COVID-19, I agree to disclose to the organization the date on which I was notified that I was no longer contagious with COVID-19. Documentation may be requested.

If, within the last 30 days, I have tested positive for COVID-19 antibodies, I agree to disclose that fact to the organization. Documentation may be requested.

Immediately prior to participating in a camp program, I consent to have my temperature taken by a staff member of Camp Ho Mita Koda.

Upon Arrival/Check-in:

- Each participant will be required to complete a “Screening Questionnaire” with our staff prior to exiting their vehicle.
- If a camper/family is unable to complete the questionnaire to the required standard, due to concerns over their own health or the risks as described, we will not allow them to remain at camp and instead will provide options for a credit for a future camp at a later date or a refund.
- All campers must complete the Questionnaire and Addendum, if a campers or family does consent to the questionnaire, they will not be allowed remain at camp. No refunds will be provided for families who refuse the questionnaire.
- Once each participant has completed the intake questionnaire, each participant’s temperature will be taken with a touchless infrared thermometer.
- If temperature is 100.4, or higher, we will not allow them to remain at camp and instead, will provide options for a credit for a future camp at a later date or a refund.

- If a camper comes to camp with ANY sort of illness, COVID related or not, they will not be permitted to remain at camp.
- Parents will only be allowed to exit their vehicle at drop off/pick up to release/fasten the buckles on a young child's safety seat and to escort the camper through our modified check-in procedure. We are adopting a "one parent/one camper" rule during check-in.
- No restrooms will be available for families to use.
- Each camper will be required **to bring 2 cloth masks** on check-in day. Masks should be marked with the name of the wearer.

Screening while at Camp

- Daily temperature check of campers.
- Daily pulse oximeter check of oxygen saturation for all campers.
- Daily review of symptom questionnaire.

What if someone experiences COVID-19 symptoms during camp?

I. Patient care and management for campers or staff with positive symptoms

1. Consult with federal and health agencies to determine availability and justification for evacuation.
2. Person will immediately be physically distanced from others and required to wear a mask for the remainder camp, or until evacuated from camp.
3. One liaison will be identified to interface with this person to provide care.
4. Follow CHMK medical protocols and provide appropriate medical treatment.
5. Begin monitoring temperature, oxygen saturation with pulse oximeter, and vital signs. Document and track. Provide updates to medical control, evacuating/governing agency for each area, and regional manager coordinating care and subsequent transportation, medical, and logistical support.
6. Keep hydrated. (50:50 mix gatorade/water)
7. Quarantine.
 - a. Isolation room
 - b. If a patient is over age 65 has previous lung or heart conditions that may compromise their immune system OR, experiences worsening conditions, evacuation will happen immediately.
8. Testing is mandated at earliest opportunity. While the test is being processed, self-quarantine in a local community hospital or lodging.
9. After evaluation care, notify appropriate agencies, all staff at camp, and parents of campers of results. Maintain HIPAA protection and confidentiality by using generic terms to describe a "camper", or "participant", who has a confirmed (negative or positive) test.

II. Health management for campers in a cabin/group with a suspected positive case

1. Physically distance campers and staff with the person who displayed positive symptoms. Place the person on a separate isolation room
2. Require face coverings for those exposed to this person. Increase temperature and pulse oximeter testing frequency to twice daily.
3. Camp Director will communicate with medical care providers to prepare for protected transport. Families will be notified.
4. Camper may be permitted to return to camp upon a negative test result and no other illness is present. However, if ANY illness is present, a camper may not return to camp for the remainder of the session.
5. As we know, any time we are in from the public domain, it is impossible to avoid potential exposures to a host of infectious germs, viruses and diseases. Potential exposure does not necessarily mean someone is infectious to others unless the proximity and duration guidelines from the CDC are met or exceeded. Camp Director will refer to those current standards and provide all campers and staff current guidance on how to best use appropriate precautions and self-monitor. Similar to traveling through an airport, grocery store, or other public space, always use good hygiene and practices.

III. Management of staff who have been in a cabin with a suspected positive case

1. Staff will immediately be required to wear a face mask and will continue constant hand sanitizing and hygiene.
2. Initiate twice daily monitoring of temperature and oxygen saturation with pulse oximeter and document. Hand and surface washing combined with distancing and face coverings are critical to containment.
3. The Camp Director will collect information regarding potential exposure, including length of time, proximity, and any physical contact.
4. If it is determined that an employee is potentially infected, testing is warranted and removal from camp will occur.
5. Staff will avoid public buildings or housing until determined negative through time or testing.

Guidelines for Cabin Groups

1. For the 2020 season, camp will look a little different. Individual groups will be limited to a total of 10 individuals. These new “Cohorts” will consist of 7 campers, 2 instructors, and 1 nurse. The group will live together in the same cabin, travel together as a group, and participate in activities as an intact group.
2. Cabin groups may not intermix with other cabin groups while at camp. Groups will remain “intact” throughout the week to comply with 6’ social distancing recommendation.
3. Masks will not be required for each group when they are appropriately distanced from other cohorts. Masks will be required when indoors, in a close quarters situation, where a 6’ distance is not able to be maintained between cohorts.
4. Spacing of campers according to current guidelines: food lines, eating meals, hiking, camping, and at orientations and program areas.
5. Personal equipment such as paddles, helmets, bows, etc. will be sanitized between every use.
6. Personal equipment assigned to the same person for the duration of the activity.
7. Bunks are positioned in a way to allow for 6’ of separation from head to toe of each camper.
8. Cabins cleaning will happen several times per day.
9. Increased cabin ventilation through the addition of fans and open windows.

Physical Distancing

1. Appropriate social/physical distancing between groups will be observed during all activities camp.
2. Campers within the same group and their counselor are not required to maintain full social distance from each other. We will certainly encourage that they maintain the most possible distance at any given time depending on the activity.
3. One-way paths, stairs and doors will be instituted to ensure that groups do not cross paths with other groups. When outside, including eating, a minimum of 6’ of space will be maintained between each group and other nearby groups. Other program staff will generally maintain a 6’ distance from all other staff and campers. Brief close contact is not considered to be high risk by the Department of Public Health and may occasionally occur as needed for safety. An example would be a member of the ropes course staff checking a harness.

CLEANING & SANITATION

Cleaning procedures

- Table set up in the pavilion with hand sanitizer as you walk in
- Limit how many people are in the building at one time
- Lines marking spacing between campers at counter
- Outside check-in and screening area for campers
- No cash transactions
- Hand sanitizer available at multiple locations at camp
- Staff required to wear masks and gloves during check-in.
- Signage will be displayed as you enter, asking that if you have any COVID symptoms, to please not enter.
- Bathrooms cleaned frequently during busy times of the day. Cleaning schedule posted on bathroom door

Restroom Facilities

1. Staff wear gloves when setting up and taking down facilities.
2. All surfaces disinfected upon set-up.
3. Campers instructed to spray surfaces they have touched both pre and post-use.
4. Users wash hands before and after using the facilities.

Hand Washing

1. The soap and water hand wash system will be set-up at key points around camp. They will remain set-up for the duration of camp.
2. In addition, hand sanitizer will be used as a supplementary step.
3. Hand washing will occur:
 - a. Before and after every new activity
 - b. Before/After eating
 - c. After coughing or sneezing
 - d. Before/After using the restroom

Masks

1. Staff will be required to wear masks unless they are outside and maintaining a six-foot distance from all other employees and campers, or within their intact cohort groups.
2. Generally speaking, campers will not have to wear masks. There may be some activities that require the camper to wear a disposable mask for a short time, for example, while indoors where a 6' distance is unable to be maintained with other cohorts.
 - a. If you prefer for your camper to wear a mask more frequently you may certainly request that they do so, please don't forget to put their name on it.

Daily Cleaning

1. High touch surfaces will be cleaned continuously throughout the day. This includes railings, doorknobs, bathrooms, etc... We will limit the use of shared equipment to the extent possible based on the activity. For example, markers will likely be necessary for art projects and will be sanitized after each use.
2. Restrooms, cabins, dining hall, and other areas of congregation will be scheduled to clean multiple times per day, including before/after transition times and group activities.

PROGRAM MODIFICATIONS

General

1. Community costumes & props in performing arts will be very limited or not used at all. In some activities, sanitizing “low touch” items like a climbing rope is not possible between users. In this case, the camper will be required to sanitize their hands immediately before entering the ropes. They will then sanitize again after they are done climbing.
 - a. Ropes will be washed daily. Specific policies regarding every piece of equipment at every activity are being developed and will be implemented. These examples are meant to give you an idea of the various methods we will be using to prevent the spread of germs.

Watercraft

- All boats will be cleaned and sanitized each time they are used to carry campers.
- Sprayers with sanitizing agents will be used on all other equipment after each use.
- Frequently touched surfaces wiped down with a CDC approved solution.

Food Service

1. Dedicated kitchen staff will serve food to campers, Staff will pour milk for campers at meals.
2. Single set of utensils and plate to be used for all participants for the duration of the meal.
3. Campers may not help prepare or serve food or congregate in the food preparation/serving area.
4. Use of gloves and face covering is mandatory while preparing food.
5. Change gloves between tasks (for example: staff pauses to fill the water and then returns to food preparation).
6. Wash hands frequently.
7. Clean shirts and aprons worn by Staff preparing and serving food.
8. Food preparation and service surfaces thoroughly sanitized prior to use, between tasks, and after tasks.

9. Food will be prepared offsite and brought into camp several times per week. This eliminated contamination and the number of people in the kitchen.

Camp Equipment

1. All camp equipment (bows, paddles, paintball markers, slingshots, etc) will be thoroughly wiped down before and after individual use by an approved CDC sanitizer.
2. All PFDs (Lifejackets), helmets, hammocks, goggles, and other equipment that a camper would “wear”, is disinfected in between every single use through an approved chemical and disinfectant process.
3. All sports equipment, including balls, will be utilized by one cohort at a time, then disinfected prior to another cohort utilizing the equipment.

Large Group Activities

1. All activities that have occurred as a full camp in the past will be modified to meet the current physical distance guidelines and small intact groups.
 - a. This includes modifications to flag raising/lowers, all camp activities, campfires, camp dances, etc.
 - b. Parent Day activities will be canceled for the 2020 season.

Rainy Days

1. Each group will have a specified area either in the pavilion in the Great Hall where they will be based if there is a lot of rain. In light rain, activities will proceed as usual as we have done in previous years. In the event of thunderstorms, older children will take shelter in our pavilion and younger children will take shelter in an assigned area of our Great Hall building.

Swimming

1. Campers will be allowed to swim in the lake with their group.
2. The Swimming Pool will NOT be open this season due to the restrictions and regulations as a result of COVID-19.

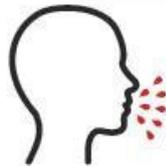
Water bottles

1. Reusable water bottles will not be allowed at camp this summer. Staff will dispense water into single use cups from our water coolers.

YOU MAY NOT ENTER!



FEVER



COUGH



SHORTNESS
OF BREATH



SORE THROAT



HEADACHE



LABORED
BREATHING



LOSS APPETITE



CHILLS



WEAKNESS



RUNNY NOSE

CORONAVIRUS – COVID-19 – 2019-NCOV

Disclaimer

Although protocols will be implemented, the activities at Camp Ho Mita Koda include a variety of traditional sports, games, activities, and events that may prove to be impossible to consistently implement any social distancing of 6 feet or less that may be recommended by any known government authorities. Camp is a place where campers, counselors, and staff are often in contact and near each other every day and every night.

Camp Ho Mita Koda will be taking more health precautions this summer. Precautions during camp include encouraging and enforcing more handwashing, more use of hand sanitizers, more wiping down of doorknobs and high use areas with antibacterial wipes, etc. Camp Ho Mita Koda plans to be in constant communication with its camp nurses and our senior medical team. It plans to send campers and staff home that have a high temperature. But even taking these and other extra precautions, campers will still be exposed to the risk of contracting the Coronavirus or possibly some other illness.

The activities and risks of Camp Ho Mita Koda are an integral part of the Camp Ho Mita Koda experience. If eliminated, campers would be deprived of the opportunity for the growth and development which Camp Ho Mita Koda and its campers and families expect.

Ultimately it is up to each individual family to decide as to whether Camp Ho Mita Koda is a viable option and/or a mitigated risk that they are willing to move forward with.

This document serves as a brief **summary/overview** of the policies, procedures, and protocols that have been developed by the Camp Ho Mita Koda Foundation to help mitigate communicable disease and COVID-19.

The information presented is not intended to be an exhaustive list of the precautions that are implemented internally with regard to medical care, equipment, sanitation, PPE, testing, etc.

Additional COVID-19 protocols have been created by our CHMK Medical Committee and are based on the latest recommendations and guidelines from medical professional, state, local, and federal government agencies. These protocols provide in-depth guidance for care of campers and staff while at camp, including testing capabilities.

Please contact our main office with any questions or concerns that you may have.